

Ways to run KickStart Breakfast

	TRADITIONAL BREAKFAST	CLASSROOM GRAZE	GRAB & GO
How it works	Students gather in a central location to share kai.	Classrooms are set up for Weet-Bix™ and milk on demand.	Products are easily accessed in a central location for students to help themselves.
Whose Involved	Volunteers (staff, students or members of the community) are required to help with serving and clean up.	Teacher or staff member likely to oversee and monitor. Encourage students to help with stock check and returning product to central location.	Staff member or senior students may oversee the set up or support during busy periods.
Possible locations	<ul style="list-style-type: none"> ✓ School hall ✓ Classroom ✓ Food technology room ✓ Staff room 	<ul style="list-style-type: none"> ✓ Classroom ✓ Syndicate homeroom 	<ul style="list-style-type: none"> ✓ Office ✓ Guidance Councillors room ✓ Food technology room ✓ Gymnasium
Serving Time	Anytime* that suits your school		
	<ul style="list-style-type: none"> ✓ Before school 	<ul style="list-style-type: none"> ✓ Before school ✓ During learning or brain break time 	<ul style="list-style-type: none"> ✓ Before school ✓ During or between classes
Benefits	<ul style="list-style-type: none"> ✓ Great for all school levels ✓ Socialising ✓ Positive role models ✓ One central location ✓ Increased community engagement ✓ Leadership opportunities 	<ul style="list-style-type: none"> ✓ Multiple locations ✓ Great for intermediate and secondary schools ✓ Interval and/or lunchtime ✓ Leadership opportunities 	<ul style="list-style-type: none"> ✓ Increased accessibility ✓ Reduced stigma risk ✓ Great for intermediate and secondary schools ✓ Minimal supervision required ✓ Leadership opportunities

**KickStart Breakfast products can only be offered before school and during school hours.*



Remember, there is no right or wrong way to run your KickStart Breakfast club. You may run it in multiple ways at multiple times within your school.