



**Haere mai ki roto**

**Wāhi:**

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**Wā:**

Mai

Ki

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**Rā:**



Rāhina



Rātū



Rāapa



Rāpare



Rāmere

**KICKSTART**  
*Breakfast*

**Sanitarium**  
*health & wellbeing*

**Fonterra**  
Dairy for life



**MINISTRY OF SOCIAL  
DEVELOPMENT**  
TE MANATŪ WHAKAHIATO ORA